

## THE DANGER OF OPEN DOORS TO BICYCLISTS

Open vehicle doors pose a very serious threat to bicyclists. When opening a vehicle door, drivers and passengers are suggested to do the following:

1. Check your rear-view mirror.
2. Check your side-view mirror.
3. Open the door with your far hand (the hand farther from the door)

This is called the "Dutch Reach" method because it originated in the Netherlands. It forces your body to turn, which will better allow you to see approaching bicyclists. It also prevents the vehicle door from being opened too fast. This not only protects bicyclists, but can also prevent your door from being damaged or torn off by an approaching motor vehicle.

Bicyclists should ride at least three feet from parked cars to avoid doors, both on streets with and without bike lanes. This will keep bicyclists outside of the "door zone" and protect them from getting hit by opening vehicle doors.

